



Getting a Pap Test

How will a Pap test help me and my family?

- Finding any changes early on will make it easier to treat
- Peace of mind – you will know if you have cervical cancer or not, and how to treat it if you do
- Taking care of your health can keep you able to care for your family

What is a Pap test?

A Pap test is a simple and routine way to find changes on a woman’s cervix (entrance to the birth canal). During a Pap test, the doctor or nurse will collect tissue from the cervix to send for medical testing.



Why should I have a Pap test?

- Cervical cancer is common in Pacific Islander women.
- Having regular Pap tests give you the best chance of finding changes or cervical cancer early, when they are easy to treat.
- Most Pacific Islander women already get tested.

Who should get a Pap test?

- Women who are 21 years or older, even if they do not have symptoms.



Questions to ask your Doctor:

1. How often should I get a Pap test?
2. What should I expect during the test?
3. Will the test be painful?
4. How much will the test cost?
Will my health insurance plan help pay for the test?
5. When should I expect to receive my results?
6. Should I get a HPV test?
7. What other tests should I get?



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